



## SMHA 2022 Conditioning Camps

	U9 4 GROUPS	U11 4 GROUPS	1 <sup>ST</sup> U13 3 GROUPS	2 <sup>ND</sup> U13 2 GROUPS	U15 3 GROUPS	1 <sup>ST</sup> U18 1 GROUP	2 <sup>ND</sup> U18 1 GROUP
Camp #1	August 27	August 25	August 20	September 10	August 27	August 27	August 29
Camp #2	August 28	August 27	August 21	September 11	August 28	August 28	August 30
Camp #3	August 30	August 28	August 22	September 13	August 29	August 29	August 31
Camp #4	August 31	August 29	August 23	September 14	August 31	August 30	September 1
Camp #5	September 7	September 1	August 24	September 15	September 1	August 31	September 7

- Please email your Level Director if you want to be placed in a particular group
- Players participating in Rep Tryouts should be scheduled in the 1<sup>st</sup> round camps for U13
- ***Schedule tentative as of 2022-07-20 and subject to change***