



## SMHA 2023 Conditioning Camps

	U9 4 GROUPS	U11 4 GROUPS	1 <sup>ST</sup> U13 3 GROUPS	2 <sup>ND</sup> U13 2 GROUPS	1 <sup>ST</sup> U15 3 GROUPS	2 <sup>ND</sup> U15 1 GROUP	U18 2 GROUPS
Camp #1	August 26	August 24	August 19	September 6	August 26	September 6	August 26
Camp #2	August 27	August 25	August 20	September 7	August 27	September 8	August 27
Camp #3	August 28	August 26	August 21	September 9	August 28	September 9	August 28
Camp #4	August 29	August 27	August 22	September 10	August 30	September 10	August 29
Camp #5	August 30/31	August 28	August 23	September 11	August 31	September 11	August 30

- Please email your Level Director if you want to be placed in a particular group
- Players participating in Rep Tryouts should be scheduled in the 1<sup>st</sup> round camps for U13 and U15
- ***Schedule tentative as of 2023-06-19 and subject to change***